

# Changing Frequency on the Panasonic AJ-HD3700B D-5

- **Press: HOME BUTTON**
- **PRESS: SET-UP BUTTON**
- **PRESS: F4 (System)**
- **PRESS: F1**
- **PRESS: ARROW BUTTONS TO SELECT THE FREQUENCY.**
- **ENT FOR ENTER**
- **PRESS: F8 Button (EXIT) to FINISH**