

Changing Menu Settings on the Sony HDW-F500 HDCAM

- **PRESS: HOME BUTTON**
- **PRESS: SET UP BUTTON**
- **PRESS: F6 (VTR SET UP)**
- **USING THE ARROWS: SCROLL TO DESIRED MENU ITEM**
- **PRESS: F7 BUTTON (CHANGE DATA) MULTIPLE TIMES TO CHANGE MENU SETTINGS**
- **PRESS: F10 TWICE TO SAVE AND EXIT**
- **PRESS: HOME BUTTON**